EUROPA DONNA
The European Breast Cancer Coalition

2019 Newsletter

14th EUROPA DONNA Pan-European Conference
26 - 27 October 2019

25 YEARS OF EUROPEAN BREAST CANCER ADVOCACY
Celebrating 25 years of breast cancer advocacy

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The image above is compiled from words submitted by member fora who were asked “What comes to your mind when you think of EUROPA DONNA – The European Breast Cancer Coalition?”

EUROPA DONNA – The European Breast Cancer Coalition is an independent, non-profit organisation whose members are affiliated groups from countries throughout Europe. The Coalition works to raise awareness of breast cancer and to mobilise the support of European women in pressing for improved breast cancer education, appropriate screening, optimal treatment and care and increased funding for research. EUROPA DONNA represents the interests of European women regarding breast cancer to local and national authorities as well as to institutions of the European Union.

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Introductory message from the President and the CEO

It has been an exciting year as EUROPA DONNA celebrates its 25th anniversary and looks back at the progress made over the years. We prepared a word cloud based on research from our 47 member countries to articulate what EUROPA DONNA is best known for across Europe; the words most often used were advocacy, support, solidarity, awareness and information. Our new brochure and our presentations at our 14th Pan-European Conference provided a timeline and summary of our key activities in education, information, policy change, and research engagement spanning 25 years. This progress has resulted in our collaboration with every professional and patient group in Europe that is concerned with breast cancer. All these activities and the increase of member groups from 12 to the current 47 have enabled us to have a significant impact on EU health policy regarding breast cancer and on improvement of breast services by national health systems.

During 2019 we continued our work with the European Commission Initiative on Breast Cancer continually educating advocates to work on its implementation (see their new website at https://healthcare-quality.jrc.ec.europa.eu) and continued our involvement in Breast International Group (BIG), AURORA and various professional meetings to improve breast surgery, and oncoplastic surgery. We participated in ESMO Breast, several HORIZON 2020 project meetings, and the ENVISION conference. In June, our 2nd Metastatic Breast Cancer Advocacy Conference, attended by 35 women from 27 countries, took place (see page 7).

As we celebrate our 25-year anniversary, we see a lot of change and progress – a new European Parliament with members interested in breast cancer and the development of our Transforming Breast Cancer Together group, an initiative with stakeholders from many fields all trying to overcome the inequalities in breast cancer care across Europe. We are fortunate that from our EUROPA DONNA fora key patient advocates have emerged who are now active professionally in the Parliament and the Commission. We are extremely proud that our former ED President Stella Kyriakides has recently been named European Commissioner for Health. This is a great sign for patients and patient advocacy.

As we close this 25th year, we look back on significant progress and achievements of our organisation, but with total awareness that there is still much to be done to improve services and to promote research that will find cures for this devastating disease.

Now we prepare for the 12th European Breast Cancer Conference (EBCC) in March of 2020. It is unique in Europe and the world for a patient advocacy organisation such as EUROPA DONNA to have an equal role with its partners, EUSOMA and EORTC in conducting a high-level scientific conference. This partnership was established for the 1st EBCC conference in 1998 and continues today. We look forward to seeing many of you there.
EUROPA DONNA celebrated its 25th anniversary at its 14th Pan-European Conference in Vienna with more than 200 advocates from 44 countries. Advocates also gathered to learn the latest about EU guidelines, breast cancer treatment, imaging and key survivorship issues, and participated in workshops on six different topics of interest for advocacy.

ED Executive Board-Elect 2020

Mona Elzayat and Sema Erdem with conference participants

Attending sessions

Participating in a workshop

Annett J. Roi and Tanja Spanic

Conference participants

Conference participants
25 years of progress on best practice

EUROPA DONNA's 25-year anniversary as the European Breast Cancer Coalition was a key conference theme from the opening session through to the grand finale celebratory 25-year song and picture display.

In the launch of the conference, Alberto Costa, MD, CEO of the European School of Oncology and Editor of Cancerworld and who was instrumental in the founding of EUROPA DONNA, took advocates on a journey back to the formation of the organisation in 1994, the election of its first board in 1995, and its Founding President, Gloria Freilich. EUROPA DONNA CEO Susan Knox then highlighted the advocacy achievements over the years: expanding membership to 47 countries, training advocates at 19 annual advocacy training courses, working with scientists on the European Breast Cancer Conferences (EBCC) and clinical trials, setting standards with the European parliament through 2 EU Resolutions and 2 Written Declarations, and establishing priorities for the Coalition through 3 consecutive Strategic Plans, to name a few. She re-examined early priorities for which significant headway has been made: screening and early detection according to EU guidelines; and access to multidisciplinary and specialist breast units, among many others. Susan concluded by congratulating all of the many advocates from the ED 47 member countries on 25 years of progress in breast cancer advocacy.

The European Commission Initiative on Breast Cancer – ECIBC

Annett J. Roi, from the European Commission's Joint Research Centre, spoke about the European Commission Initiative on Breast Cancer (ECIBC) and announced that with the latest release of the initiative, 60 of the latest recommendations from the European Guidelines on Breast Cancer Screening and Diagnosis are now publicly available on a newly designed ECIBC web hub (https://healthcare-quality.jrc.ec.europa.eu). These recommendations are grouped into 3 categories – breast cancer screening, diagnosis and training of staff – and cover, for example, screening ages and frequencies, tests for screening and further assessment, and communication. The recommendations are for health care professionals and policy makers, but are also tailored for women. She said that regular updating is guaranteed and the recommendations are being taken up and implemented in several EU and non-EU countries.

This recent release of the initiative also includes an online catalogue of trustworthy International Guidelines on Breast Cancer Care, which focus on treatment and follow-up care after screening and diagnosis. All this is also now accessible from the website and includes, to date, 191 sets of national and international guidelines.

The last phase of the initiative is dedicated to the finalisation of the Quality Assurance (QA) Scheme for breast cancer services. It involves the compilation of indicators and requirements for breast cancer units or centres to ensure the quality of the services of those that decide to follow the scheme, which is on a voluntary basis. Ms Roi said that the ECIBC is now also finalising ready-to-use manuals that will be provided for the scheme owner, certification bodies and breast cancer services, along with a self-assessment tool and an indicator calculator, to allow for an auditing process. It is to be rolled out with a “feasibility check” in real breast units. The whole ECIBC project is to be completed in 2020.

EUROPA DONNA has been a stakeholder in this initiative from its inception and will continue promoting its implementation across all of its member countries. Susan Knox and Annett J. Roi conducted a workshop on this topic in the afternoon.
Genetic mutations and what women with high risk should know

Christian Singer, Professor of Clinical-Translational Gynaecological Oncology and Head of the Centre for Breast Health at the Medical University of Vienna, Austria, gave an overview of genetic mutations, particularly BRCA1 and 2 mutations, that increase the risk for breast and ovarian cancer. He noted that there is a 50% chance of men or women passing on the mutation to their offspring. Gene panel mutation testing from a blood sample is used to identify the presence of the mutations, which are associated with an approximate 70% increased risk of breast cancer. In BRCA1 mutation carriers there is a 44% increased risk of ovarian cancer and a 17% increased risk for BRCA2 over an 80-year lifespan. By age 70, there is also a 64% increased risk of a second primary breast cancer. Given this risk, Dr Singer discussed the options for prevention in women carrying these mutations. The first was regular monitoring, with magnetic resonance imaging (MRI) being superior to ultrasound or mammogram. Bilateral prophylactic mastectomy with immediate reconstruction is another option and is associated with an improved survival. He did however add the caveat that the aesthetic results of surgery may not always be pleasing. Chemoprevention with denosumab, a monoclonal antibody used to treat osteoporosis, has also been shown to be effective. In the case of BRCA mutation positivity and family history of ovarian cancer, surgical removal of ovaries and fallopian tubes is associated with longer term survival. Dr Singer added that while many BRCA mutation-associated breast cancers are triple negative cancers (ie, hormone receptor and HER negative), 70% of BRCA mutation carriers actually develop hormone-receptor-positive tumours. He suggested that genetic testing and counselling should be offered to all women with a family history of breast and/or ovarian cancer, all young women with breast cancer, all women with triple-negative disease, all those with ovarian cancer, and all women with MBC.

A special workshop on genetic risk in the afternoon allowed advocates to discuss the many issues and implications of genetic testing. These include deciding how to confront one’s own results and future risk, and how test results may affect other family members who may or may not wish to know their mutation status. ED Communications Officer Barbara Klein, having had hereditary breast cancer herself, facilitated the workshop. In addition, representatives of 2 support groups for genetic mutation carriers – both of whom were BRCA mutation positive and had prophylactic mastectomy and salpingo oophorectomy without having had cancer – had been especially invited by ED to help facilitate this workshop in accordance with ED’s strategic decision to begin incorporating advocacy on this in its programmes. Tamara Hussong Milagre from Evita in Portugal and Caroline Presho from BRCA Umbrella UK agreed that there is a need for increased awareness of hereditary cancer risk – and awareness that BRCA mutations are also transmitted through the father’s side – and particularly a need for knowledge among primary care practitioners with regard to risk and genetic testing. Caroline Presho also stressed how it is important to provide information and support for all the various scenarios that can arise after genetic testing in a family.

Survivorship and getting back to work after breast cancer

Barbara Wilson, Founder and Director of Working with Cancer in the UK, stressed the need to support women from the point of diagnosis until after their return to work, managing expectations and educating employers. She emphasised that returning to work is a process rather than an event and involves 4 key stages of communication: at diagnosis, at the start of active treatment, right before the return to work, and up to 1 year afterwards. Workplace adjustments, a phased return and flexible hours can help in the reintegration. Ms Wilson noted that 1-to-1 coaching support for those who return and for their managers has proved beneficial in facilitating this process. The EU’s Employment Equality Framework Directive 2000 is designed to guide EU member states in defining disability and to protect people with cancer in the workplace. However, she noted that because this is determined at a national level, the quality of support for those managing work and cancer within the EU remains patchy and inconsistent.
In a presentation on ED Fora activities the next day, Karen Sundbøll of ED Denmark told fellow advocates about a project to keep women with breast cancer in their jobs that is being developed in a collaboration between ED Denmark and other organisations. Based on the results of an EU report “Rehabilitation and Return to Work After Cancer”, it aims to test a case-manager model as a holistic approach to helping women retain their jobs during and after breast cancer. It is to run from May 2020 to May 2030 and will involve many different stakeholders, from the Danish Employers Confederation and 3F Professional Fellowship union through to municipalities, and breast units in 2 regions. The project is now in the implementation phase and aims to raise 1 million euros in funding.

In the afternoon, Biba Dodeva, ED Executive Board member, and Barbara Wilson conducted a workshop on the topic of returning to work after breast cancer.

Richard Crevenna, Head of the Department of Physical Medicine, Rehabilitation and Occupational Medicine at the Medical University of Vienna, covered cancer rehabilitation and techniques that can help address the short- and long-term side effects of breast cancer and its treatment. Among other techniques, he mentioned shockwave treatment for polyneuropathy and lymphoedema. He listed the benefits of regular exercise, individually or in a group, to increase strength, flexibility, endurance and sensorimotor function, and also help improve balance and dizziness, neuropathy, pain, lymphoedema, and sexual health. These in turn could help survivors socially and financially in the return to work, and by fostering independence and quality of life.

Vesna Ramljak, ED Executive Board member, and Richard Crevenna conducted a workshop dedicated to “Survivorship Strategies” in the afternoon.

Focus on breast cancer research, treatment, surgery and imaging

Etienne Brain, a medical oncologist from Hospital René Huguenin, Institut Curie in France, described current treatments and research for early breast cancer and MBC. Progress has been made in targeting treatments to specific tumour types, and even in sparing treatment in some cases. He added that neoadjuvant treatment (presurgery) with confirmed disappearance of tumour cells at surgery is a good prognostic indicator that supports faster drug registrations. However, post-marketing studies are needed to further confirm the effects of medications in patients in the real world, outside the strict selection of clinical trials. Patients can be involved in data-gathering and sharing, and databases need to be interlinked and standardised. Dr Brain added that more trials need to include older women (ie, older than 65 years), a growing population with unmet needs, and need to better incorporate quality of life measures.

Isabel Rubio, Breast Surgical Oncologist, Director of the Breast Surgical Unit at Clínica Universidad de Navarra in Madrid, Spain, described the state of the art of breast surgery and the importance of certification for breast surgeons in order to address the variability in breast surgery training across Europe. There have been enormous advances in breast surgery in recent years, but there is inequality in access between centres and between countries. Dr Rubio described the BRESO Breast Cancer Surgery Certification project that was co-founded in 2019 by at least seven European organisations, including EUROPA DONNA. It proposes that all breast surgeons practicing in Europe be certified in breast surgery, involving passing an exam, gaining practical skills at recognised training centres, and undergoing continuing education to stay up to date with evolving techniques.

Pascal Baltzer, Associate Professor of Radiology, Medical University of Vienna, described the latest techniques in breast imaging, and suggested a personalized approach to screening, where imaging tests are tailored to the degree of breast density, for example. He presented data from the DENSE trial showing a significantly greater cancer detection rate in extremely dense breasts with MRI than with mammography, tomosynthesis or ultrasound. Dr Baltzer suggested that breast imaging may be useful in identifying biomarkers (eg, specific tumour characteristics) that would indicate the best treatment approach and could also help in reducing under or overtreatment.

In the afternoon, advocates participated in various workshops; in addition to those already mentioned, there were networking groups for young women and women with MBC. On the last day, advocates heard a presentation on Breast Health Day activities, and ED Fora activities in two countries, including Denmark (see above). Biba Dodeva also presented the impressive advances made in breast cancer care in North Macedonia since her organisation was formed in 2007, from, for example, a non-existent screening programme to a national programme for women aged 50 to 65. At the closing, a 25 year song, composed by Susan Knox for the occasion, was performed and a photo showcase from the 25 years was presented as a conclusion to the 25th anniversary festivities.
Entering the group dinner at the Vienna City Hall

Waltzing at the Vienna City Hall

Mona Elzayat, Susan Knox and Nvard Kocharyan

Paige Robinson, Susan Knox, Barbara Klein, Daniela Pirisi and Mona Elzayat

Singing the 25-year anniversary song

Keeping active at a dance session

Entering the group dinner at the Vienna City Hall

Waltzing at the Vienna City Hall
EUROPA DONNA’s 2nd Metastatic Breast Cancer Advocacy Conference
7-8 June 2019 – Milan, Italy

EUROPA DONNA’s 2nd Metastatic Breast Cancer Advocacy Conference welcomed 35 metastatic breast cancer (MBC) advocates from 27 of the Coalition’s 47 member countries. The conference covered the latest on treatment, psychosocial support, physical activity, and nutrition for women with MBC, and included a panel discussion on key advocacy topics. EUROPA DONNA has made MBC an advocacy priority and is involved in multiple initiatives in Europe, internationally and at a local level to address the unique needs of this group of women.

Olivia Pagani, a breast cancer specialist at the Breast Unit of Southern Switzerland and an ED Executive Board member, gave an overview of the latest in MBC treatments and research. MBC is currently an incurable but treatable disease; goals should be to control and bring about regression of disease, prolong life and improve symptoms and quality of life. She highlighted the ABC (advanced breast cancer) consensus guidelines that are issued from the biennial International Consensus Conference for Advanced Breast Cancer (www.abc-lisbon.org). She also described AURORA, an international research programme using molecular screening to learn more about the mechanisms of the disease. ED represents the interests of patients on the AURORA Steering Committee. She also mentioned the ABC Global Alliance, of which ED is a member; this is a multi-stakeholder platform for all those interested in collaborating in common projects relating to MBC around the world.

Luzia Travado, Head of Psycho-Oncology at the Champalimaud Clinical Centre in Portugal, discussed psychosocial support as people with MBC often experience emotional distress, including symptoms of depression and anxiety as well as existential distress and loneliness. The International Psycho-Oncology Society’s Statement on Standards and Clinical Practice Guidelines in Cancer Care calls for psychosocial cancer care to be recognised as a universal human right; integration of the psychosocial domain into routine care; and measuring distress as an additional vital sign. Dr Travado also mentioned the international, multidisciplinary expert-based PALiMo recommendations that describe specific processes to assist health care professionals in maintaining conversations with their patients.

Karen Steindorf, Head of the Division of Physical Activity, Prevention and Cancer at the German Cancer Research Centre and the National Centre for Tumour Diseases in Heidelberg, Germany, described the benefits of physical activity for women with MBC. She said that exercise and physical training can potentially benefit the physiological, biological, psychosocial and psychological effects of cancer. She mentioned the PREFERABLE (Project on Exercise for Fatigue Eradication in Advanced Breast cancer to improve quality of life) study investigating the role and benefits that structured and individualised exercise can have in patients with MBC. ED is a partner in this initiative.

Anne May of the Julius Centre, University Medical Centre Utrecht, The Netherlands, discussed activity trackers and physical activity apps for MBC. She recommended that in most cases, people should maintain or increase their physical activity levels during treatment. An activity tracker can help in the direct monitoring of daily physical activity; automated feedback on daily activity levels as well as time seated; and feedback can be integrated with other app-based behavioural change tools.

Anna Villarini, a nutritionist, biologist and epidemiologist at the Istituto Nazionale dei Tumori in Milan, Italy, spoke about the importance of a healthy diet and good nutrition and how nutrition and dietary patterns influence factors associated with cancer promotion, ie, hormones, growth factors, and inflammation. She suggested that hormones and growth factors can be modified by weight loss in obese people, and that a Mediterranean or macrobiotic diet are more protective against inflammation. She also made specific nutritional recommendations that may help reduce side-effects of treatment.

EUROPA DONNA surveys and other research have shown that women with MBC often face unresolved professional, legal and financial issues, such as workplace discrimination, loss of job and thus income, and increased medical expenses; they do not receive sufficient psychosocial support and need more support for family matters. A panel session was held to discuss advocacy on these important topics.
Transforming Breast Cancer Together meetings and EU Parliament event

EUROPA DONNA has been continuing its participation in the Transforming Breast Cancer Together initiative with Members of the European Parliament to ensure that breast cancer care and its prevention remain at the top of the EU agenda. On 16 October, ED President Mona Elzayat spoke at a European Parliament event “Transforming Breast Cancer Together: The Next 5 Years to Reimagine the Future of Breast Cancer Care in the EU.” She spoke about ED’s policy initiatives over the years and the need to work together to get the European Parliament Resolutions of 2003 and 2006 as well as the Written Declarations of 2010 and 2015 implemented. ED contributed to the White Paper on “A New Collaborative Initiative to Improve Breast Cancer Prevention, Diagnosis and Care Across Europe”, which was recently published by the Transforming Breast Cancer Initiative, as well as the EU elections manifesto “Transforming Breast Cancer Together: European Elections Manifesto 2019 Seizing The Opportunities For Breast Cancer Patients”, which was recently published in The Breast. ED will continue to collaborate with this group to advance breast cancer initiatives at a European level and the group will invite interested MEPs to become part of the initiative in 2020.

Continuing Collaboration with the ECIBC

ED is a stakeholder in the European Commission Initiative on Breast Cancer (ECIBC), which has released its first recommendations for the European Guidelines on Breast Cancer Screening and Diagnosis and is developing a quality assurance scheme for breast cancer services. ED’s CEO Susan Knox and Deputy CEO/Head of Policy Karen Benn are individual members of the Guidelines Development Group (GDG) and the Quality Assurance Scheme Development Group (QASDG) respectively and have attended regular meetings and contributed to the patient’s perspective for this initiative. Susan gave a presentation on ED’s work on implementing the ECIBC at a meeting of the group in May. ED has developed a training guide for the new screening guidelines, which was used at the 14th Pan European Conference and Advocacy Training in 2019. The new ECIBC website has just been launched and can be viewed at https://healthcare-quality.jrc.ec.europa.eu. For more on the ECIBC, see the report on page 3.

Former ED President Stella Kyriakides is the new European Commissioner for Health

Stella Kyriakides has been confirmed as European Commissioner for Health for a 5-year term starting on 1 December 2019. She was President of EUROPA DONNA from 2004 to 2006, was a longstanding President of EUROPA DONNA Cyprus, and has been a breast cancer advocate and survivor for more than 20 years. She is also a clinical psychologist, politician and experienced European policymaker. At a Commission hearing regarding her candidacy on 1 October, Ms Kyriakides cited Europe’s Beat Cancer Plan as a priority for her mandate, and underlined the need to remove inequalities, promote mammography screening that is accredited and in keeping with European guidelines, and to improve access to medication.

As part of ED, Ms Kyriakides was instrumental in advancing the European Parliament Written Declarations of 2015 and 2010 and the European Parliament Resolutions on Breast Cancer of 2006 and 2003 calling for implementation of mammography screening, specialist breast units, and accreditation of breast services, among other services, across the EU. Ms Kyriakides was also President of the Parliamentary Assembly of the Council of Europe in 2017, which includes 47 member states. In Cyprus, she has been a parliamentary representative since 2006.
Albania

**Highlights of 2018**
- Attending ED’s 1st Metastatic Breast Cancer (MBC) Advocacy Training Course
- For Pink October, a bicycle ride for patients with breast cancer (BC); a meeting with patients and oncologists in QSUT Hospital, Tirana; and a “Donate Hair, Give Hope” campaign
- Attending the ED BC Advocacy Training Course
- Different meetings with members of ED Albania

**Activities in 2019**
- Launch of a patient survey
- A quarterly newsletter (in spring, summer, autumn and winter)
- Meetings with patients
- Café Donna
- Pink October, including Breast Health Day (BHD)

Austria

**Highlights of 2018**
- 5th Austrian Breast Cancer Patients Congress
- “Pink Paddling” with Vienna Pink Dragons
- Panel discussions on the future of health in Austria
- Attending the European Society for Medical Oncology (ESMO) congress in Munich, Germany
- Reports on television
- A flash mob for BHD
- A promotional film
- Café Donna
- Articles in newspapers

**Activities in 2019**
- Holding the 6th Austrian Breast Cancer Patients Congress
- Hosting the ED Pan-European Conference in Vienna
- Projects for single women with children
- New design of the ED Austria website
- MBC website, and a new flyer
- Fundraising activities

Belgium

**Highlights of 2018**
- In March, attending the 3rd EORTC Cancer Survivorship Summit in Brussels
- In April, “Talk and Walk Pink” for awareness of BC prevention
- In May, a symposium on BC screening in Belgium
- In June, participating in a “Breast Cancer Europe” roundtable
- In September, attending the ED Advocacy Leader Conference in Milan
- In October, participating in and supporting the campaign “Every Step Counts” and raising awareness of Pink October via the ED Belgium website

**Activities in 2019**
- Screening projects in the region of Yerevan
- In June, “Towards Health”, the third annual conference
- In July, “Pink Party”, a fundraising open-air project in Yerevan
- From July to September, dancing activities for BC patients
- In October, Pink Month including a sports day

Arménia

**Highlights of 2018**
- In June, the annual conference “Towards Health” in Yerevan
- From July to September: fundraising with open-air flash mobs and participation in regional festivals
- In October, Pink Month activities, including a symphony concert and a walkathon
- In November, the “Towards Health” conference in Stepanakert
- Screening projects all over Armenia

**Activities in 2019**
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EUROPA DONNA has 47 member countries, including all EU member states. In this section ED Fora share their past and planned activities.
**Strength in Numbers**

In November, attending an information day on “Staying active with and after BC” in Antwerp, and participating in the ED Advocacy Training Course in Milan

- In December, supporting and attending the play “What the Luck”
- In December, holding the General Assembly

**Activities in 2019**

- In May, supporting and participating in the Breast Cancer Walk organized by Pink Ribbon, and participating in the Breast Cancer Europe roundtable
- In June, participating in the “Relais pour la Vie” (Relay for Life) Eupen 2019
- In October, attending the ED Pan-European Conference

**Croatia**

**Highlights of 2018**

- In March, Daffodil Day
- In May, a nutrition workshop (Healthy Days in shopping centres in Zagreb)
- In June, the Women’s Race for ED Croatia
- In September, the ED Zagreb Pink Run
- In October, the 19th Pink Ribbon Day and BHD
- In November, an MBC conference

**Activities in 2019**

- In January, a roundtable on side effects of chemotherapy
- In March, Daffodil Day and a BC Conference
- Provision of free psychological help for women with breast cancer in the ED Croatia office

**Cyprus**

**Highlights of 2018**

- Annual activities: summer party for women with BC, Pink Silhouette walk, BHD activities, participation in conferences, free psychological support, “Bosom Friends” programme, fundraising fashion show, lectures on BC awareness, solidarity runs and Dragon Boat events, co-organisation of a Cancer Day event, monitoring operation of the Nicosia General Hospital specialist breast unit (SBU), updating ED Cyprus leaflets, press conference for October activities, Christmas and Easter family food packages
- Participation in steering committee of national screening programme
- Board membership in the Cyprus Patients’ Organisation representing Cyprus at the European Patient Forum (EPF)
- Union for International Cancer Control (UICC) grant for MBC project
- Press conference announcing October activities
- Meeting with policy makers for insurance schemes for women with BC

**Activities in 2019**

- Annual activities: conference participation, fundraising fashion shows, “Bosom Friends” programme, psychological support, lectures, solidarity runs and dragon boat events, summer party, national screening programme participation, Christmas and Easter family financial support, being board members of Cyprus Patients’ Organisation, co-organisation of a Cancer Day event, monitoring operation of the Nicosia General Hospital (SBU), press conference announcing October activities, publication of newsletter
- Participation in the National Cancer Strategy
- Creating awareness of need for shared decision-making

- Meeting with the National Organisation of Breast Surgeons and the Society of Gynaecologists and Obstetricians
- Look Good, Feel Good Day activities

**Czech Republic**

**Highlights of 2018**

- “You Can Also Do It”, with professional pictures
- “Closely Watched Breasts”, a campaign covering the Visegrád 4 (Hungary, Poland, Czech Republic and Slovakia)
- Holding the Annual Conference and participation in international conferences
- Education on breast health for the hearing-impaired
- Pink October events organised by Bellis and Invisible Women sections
- Women Patients’ Voice memorandum – an independent platform

**Activities in 2019**

- Women’s Gathering in Ostrava, a seminar on moving the care of patients in remission from oncologists to primary care
- Holding an international conference in Prague: Reach to Recovery, with about 100 ED participants from the Czech Republic
- The continuation of the “Closely Watched Breasts” campaign
- (Women) Patients’ Voice platform: NGOs helping women patient advocates approach state bodies, health insurance companies, and medical professionals
- Patients’ Council, an advisory body

**Denmark**

**Highlights of 2018**

- Annual activities: seminars, annual meeting, ED Denmark award, publications and media activities, meetings with other cancer patient groups, local activities
- A presentation for ED Denmark’s 20th anniversary
- Launch of a new logo
- Participating in conferences including the European Breast Cancer Conference (EBCC), ED conferences, a “People’s Meeting” in Bornholm and the Nordic Breast Cancer Conference
- Participating in a new network of groups for BC patients in the Viborg area
- Participating in planning a political conference in Christiansborg for October 2019

**Activities in 2019**

- Annual activities: seminars, annual meeting, media activities, meetings with other cancer patient groups, local activities
- Focus on young women and BC patients with young children
- Development of patient support tools
- Starting hereditary BC group
- Fundraising activities

**Estonia**

**Highlights of 2018**

- In May, raising BC awareness
- A press conference about MBC
- New MBC awareness clip on TV and Internet
- Participation by the Estonian Cancer Society in the Pink Ribbon run, along with an awareness campaign, “Roosa Ruulib” (Pink Rules)
- In October, a BHD press release
- Radio interviews, articles
- A tour of the mobile mammography bus around Estonia
Activities in 2019
- In May, a social media campaign, “Roosa Ruulib” (Pink Rules) on Facebook
- In October, BHD, press releases, articles, interviews on TV and radio
- Early detection and MBC awareness videoclips on TV and Internet
- The continuation of the Estonian tour of the mobile mammography bus

Finland

Highlights of 2018
- Continuing MBC networking: a weekend for families, including discussion groups for patients, partners and activities for children
- Wellness and peer support weekend for MBC patients
- Opening of a peer support phone-line
- Discussion groups and weekend retreats
- Lectures providing information on BC and ED Finland in several cities

Activities in 2019
- Advocating for equal and sufficient treatment for lymphoedema
- Participating the Finnish Oncology Nursing Society educational days
- Continuing discussion groups for BC and MBC patients
- Training new peer support people to start new groups
- Art therapy and exercise courses to support rehabilitation after BC

France

Highlights of 2018
- Celebrating the 20th anniversary of ED France in all the regional offices
- Action Plan for MBC based on 5 pillars: awareness, information, access to best treatment, support and data collection
- In October, observing National MBC Day
- In November, the annual conference: “Progress on treatments and the management of BC over the last 20 years and gearing towards the future”
- In December, publishing updated MBC brochures

Activities in 2019
- A call for projects for a quality of life award for regional organisations that want to help patients
- Regional days for patients with MBC
- Follow-up of the MBC plan
- Updating the brochure on hereditary BC and genetic risk
- In November, the annual conference on cancer follow-up
- In December, publishing updated MBC brochures

Georgia

Highlights of 2018
- Achievement of the goal of ED Georgia’s campaign “Target for Life”: appropriate high-quality treatment now available for all-stage HER+ BC throughout the country with a high participation rate
- Opening of a “Pink Space” in Tbilisi for patient and women advocates – a joint project between ED Georgia and a cosmetics company to raise awareness

Activities in 2019
- Attending the MBC conference
- Attending the ED Pan-European Conference in Vienna, Austria
- Different activities for BHD in October, to promote a healthy lifestyle
- Participation of 2 representatives in the ED Advocacy Training Course
- Support for patients at the “Pink Space” through advocacy and psychosocial sessions

Greece

Highlights of 2018
- For BHD, BC Prevention with the Pasteur Institute with a full-day educational event on BC care and prevention sponsored by Euroclinic Hospital
- In November, participation at the Athens Classic Marathon with an awareness-raising campaign about healthy lifestyles and BC
- Attending ED Advocacy Training Course in Milan
- In December, a General Board meeting

Activities in 2019
- In February, a General Board meeting
- In June, participating in the 16th Volunteer Day in Athens by raising awareness of BC and healthy lifestyles among the public
- For BHD, participating in the “Race for the Cure” in Athens for BC awareness and fundraising

Hungary

Highlights of 2018
- 1st National Art Meeting of Cancer Patients’ Clubs in Tihany
- The kick-off of the Visegrád 4 project: opening ceremony and conference in Budapest
- “Closely Watched Breasts” in the Visegrád 4, a breast wall exhibition at the Vígszínház (Comedy Theatre) in Budapest
- ED Day in Martfű
- Awareness-raising activities on early diagnosis and prevention of BC, including meetings, presentations, discussions and walks
- Creating and distributing thousands of copies of a publication describing the organisation and its objectives, via the nation-wide network of 50 clubs and associations, as well as through oncology centres and colleagues

Activities in 2019
- Workshops and seminars for patients
- Public talks about BC prevention
- Pink October activities
- Events to promote physical activity
- Participation in the ED Pan-European Conference

Iceland

Highlights of 2018
- “Casting for Recovery” a project started 10 years ago, a fishing trip for BC patients and advocates to share experiences
- Participating in ED Advocacy Training and 1st MBC Advocacy Training Course in Milan
- Participating in the Nordic Breast Cancer Conference
- A Pink Lunch for BHD
- A Pink Forum focusing on rehabilitation for women diagnosed with BC
Activities in 2019

- Seminars for women with BC, including a seminar in the UK, “My pathway”, in collaboration with the Icelandic Cancer Society
- A 10-year anniversary activity for “Casting for Recovery”, a fishing trip for BC survivors
- BHD activities
- Planning a BC Forum
- Participating in the ED Pan-European Conference in Vienna
- Participating in the ED Advocacy Training Course in Milan

Ireland

Highlights of 2018

- A seminar, “MBC: Coping Physically and Psychologically”
- Attending various local cancer workshops and seminars, such as “The patient’s voice in cancer research”
- Distributing information about BC
- Developing the MBC Connect private website
- Representation on the Cancer Patient Advisory Committee, the National Cancer Control Programme and the Psycho-oncology Working Group
- Information sessions delivered at women’s groups
- Attending EBCC-11, the ED Advocacy Leader Conference and the MBC Advocacy Training Course

Activities in 2019

- Continuing involvement in local and European activities
- Website development
- Lobbying for the implementation of the National Cancer Strategy for 2017-2026
- The celebration of the 21st anniversary of the foundation of ED Ireland

Israel

Highlights of 2018

- For BC awareness month: a press release and campaigns in the media and on social media; a “Celebrating Life” seminar; sailing on a yacht; partnerships with a major airline and a cosmetics group; a Ferris wheel illuminated in pink; and celebrity fundraiser with participation of a major cosmetics group and clothing company.
- Media promotion of “Yad Lechalama®” (Reach to Recovery) with trained volunteer BC survivors supporting newly-diagnosed patients
- “Preventive GENERation®” programme: awareness of genetic testing for breast and ovarian cancer
- Year-round seminars, training sessions, conferences and support groups for BC patients and survivors
- Public information booklets and advertisements

Activities in 2019

- A press release on BC in Israel
- Public service announcements, social media campaigns, annual seminars and support groups, and fundraising campaigns

Italy

Highlights of 2018

- Promoting SBUs throughout the regions: a public event in Bologna, a plan for a regional communication campaign in 4 regions

Activities in 2019

- Implementing BC screening in the South with a public event in Bari
- A public event in the Senate asking for the declaration of a national MBC awareness day
- Training programmes for associations: MBC and returning to work after BC
- Launching an information portal on BC diagnosis and treatments with links to SBUs and associations, live chat and answers from specialists

Kyrgyzstan

Highlights of 2018

- Holding a roundtable on accessibility of chemotherapy in the Kyrgyz Republic
- Participation in development of clinical guidelines on BC tertiary-level diagnostics and treatment
- Participation in update of national essential drug list, adding 15 new World Health Organisation (WHO)-recommended medicines
- Development of guidance books for MBC patients
- Holding lectures on early detection of BC for health promotion workers and primary healthcare providers
- Collecting more than €11,000 at a charity event for purchase of pain relief medicines for palliative care patients, 30% of whom are BC patients

Activities in 2019

- In March, organisation of a visit of an ED Luxembourg representative, including meetings with BC patients’ groups in Bishkek
- Working with health promotion centres for early detection of breast and cervical cancer
- BC and cervical cancer awareness-raising events in Talas Oblast
- Annual Pink October events

Latvia

Highlights of 2018

- Organising and holding 4 psychosocial rehabilitation programmes for women after BC
- Creating a voluntary mentors movement for women after BC
- In October, holding an information campaign “Healthy Commitment Day: How to Prevent Cancer”
- Organising self-support groups for BC survivors in 5 regions of Latvia

Activities in 2019

- Setting up and opening a day centre for psychosocial support of newly diagnosed BC patients in the largest oncology hospital in Latvia
- Planning and running more than 5 psychosocial rehabilitation programmes for women after BC
- Organising BC awareness month activities and “Healthy Commitment Month”
Lithuania

**Highlights of 2018**
- Breast Day 2018 in Vilnius
- “And Life Goes On” project
- The final event of the promotional campaign “1825” for women with MBC
- Launch of website www.nkla.lt
- Beginning of a collaboration with the newspaper Oncologist’s Pages and the online medical news portal

**Activities in 2019**
- Continuation of the project “And Life Goes On”
- Social action “Crowd Ideas”
- A solidarity run “St. Magdalena’s Night Run”
- Annual Conference for the 20th Anniversary of the National Association of Breast Diseases: a Bridge to the Future
- More active representation of women’s interests in order to shape health policy in Lithuania

Luxembourg

**Highlights of 2018**
- Support for further development of an e-learning BC platform
- Annual ED Luxembourg public conference
- “Broschtkriibslaf”, the annual solidarity run against BC
- An ED Luxembourg postage stamp
- Training for physiotherapists
- Tour of a painting exhibition
- Financing of 3 movies for campaigns to raise BC awareness

**Activities in 2019**
- Events in local schools to raise BC awareness
- Co-sponsoring of #WIN event of Luxemburg artist Jacques Schneider
- “Broschtkriibslaf” solidarity run
- A workshop on supportive care during BC treatments
- A collection of external breast prostheses for ED Kyrgyzstan

Malta

**Highlights of 2018**
- Providing individual support for patients and funding for sessions with a psychologist
- Throughout September and October, awareness talks in factories, offices and schools
- The educational Hilda Schembri Memorial Lecture featuring a patient and a patient’s daughter as speakers
- Joining forces with other NGOs to raise funds for a mobile biopsy machine
- A night walk
- For BHD, walk-in mobile clinics for health check-ups
- Participating in the ED Advocacy Training Course
- Forming a new organisational committee

**Activities in 2019**
- Holding World Cancer Day in Valletta
- In April, approval of the new committee at the Annual General Meeting
- A meeting between the new committee and the Mater Dei Hospital’s multidisciplinary team to discuss future collaboration
- In June, the “Look Good Feel Good” fashion show with BC survivors as most of the models
- In September, a barbecue

The Netherlands

**Highlights of 2018**
- Creating awareness of the need for shared decision-making
- Improving and organising care and after-care
- Gathering opinions about the changes needed in the organisation of BC care
- Improving evaluation of research proposals
- Implementing information about online support tools
- Organising conferences and webinars for patients and patient advocates

**Activities in 2019**
- Helping patients to choose the best treatment for themselves
- Improving care and raising awareness for women with MBC
- Organising a session for nurses about improving supportive care and aftercare
- Attention to best practice for BC care in hospitals
- Advocating for better organisation of BC care (eg, expert care)

North Macedonia

**Highlights of 2018**
- In October, the 10th Go Pink Walk, the 12th National Breast Cancer Conference, and a demonstration of BC survivors for BHD
- “Treatment in Your City” caravan
- Educational lectures in high school for breast awareness
- Providing an SOS hotline
- Psychosocial support for BC patients, families and friends through groups

**Activities in 2018**
- Annual activities: the Go Pink Walk, the 13th National Breast Cancer Conference and the Pink Caravan awareness project
- A Pink Night show with a multi-art exhibition
- “Treatment in Your City” caravan
- MBC support groups
- 1st Balkan Meeting for BC Patients Organisations
- Implementing a national cancer control plan

Norway

**Highlights of 2018**
- In October 2018, a Pink Ribbon campaign raising €3.7 million
- Teaming up with the native Sámi people, meeting the Sámi president and recruiting the first Sámi BC advocate
- Training for BC advocates
- Organising a networking meeting for people with MBC
- Participating in the ED MBC Advocacy Training Course

**Activities in 2019**
- Translating information materials and handouts to the Sámi language
- Organising the first ED Norway networking meeting for individuals with the BRCA gene mutation
- Training 109 advocates and reaching a total of 208 advocates across the country
- Taking the first steps to set up regional networks for men with BC
Poland

Highlights of 2018
- "Pink Touch – A Manicure for Life", breast awareness campaign
- "Adolescence in Pink", BC prevention campaign in high schools

Activities in 2019
- Annual activities: 5th “Happy Run” with a target of over 3500 participants, mobile diagnostic unit campaign, “Brave Cut” Campaign, pink illumination event, “Adolescence in Pink”, BC prevention campaign in high schools
- Supporting ASPO activities
- Advocacy activities and events stressing the need for a national breast cancer screening programme

Russia

Highlights of 2018
- Launching the first Russian Charity Breast Cancer Support Centre in Moscow for individual and group psychological, practical and legal support
- Participating in conferences: EBCC11, the 4th White Night International Cancer Forum, and ED conferences and courses
- Donating medical equipment to 2 medical centres
- A 2-day educational programme for radiologists on BC screening in Krasnodar and 2 communications training sessions for 34 radiological technicians from BC screening teams in Moscow
- For BHD, public talks about BC prevention for women working in offices and NGOs

Activities in 2019
- Developing free BC support tools for the Breast Cancer Support Centre in Moscow
- Petition for the rights of cancer patients
- ED Portugal workshop
- Attending the ED Pan-European Conference

Portugal

Highlights of 2018
- Supporting the BC screening programme
- Psycho-oncology consultations for women with MBC
- Legal support for women with BC
- Grant for BC research
- Awareness campaign for BC screening, with public figures (“Look at them, Look for them”)
- “Pink Wave Movement” to encourage BC prevention and early diagnosis, including a “pink wave” on the street, at work, online, in public transport, and in buildings
- Women’s race against breast cancer
- Digital campaign for BHD
- Fundraising campaign to support the fight against BC
- A campaign with a cosmetic company to raise funds and awareness of BC in order to purchase 3 direct digital mammography units

Activities in 2019
- Medical expert support for cancer patients on medical boards
- Petition for the rights of cancer patients
- ED Portugal workshop
- Attending the ED Pan-European Conference

Romania

Highlights of 2018
- Annual activities: 4th “Happy Run” with over 3000 participants, mobile diagnostic unit campaign providing 785 mammograms and 1,544 Pap tests, “Brave Cut” Campaign, pink illumination event
- Forming ASPO (Association of Oncology Patient Support), an ED Romania patients’ group that aims to promote early detection and improve the quality of life of patients with BC, other oncological diseases or chronic diseases
- Roundtables at the Romanian Parliament presenting the study “Inequalities and discrepancies in the management of MBC in Romania” and forming a working group for MBC

Activities in 2019
- Medical expert support for cancer patients on medical boards
- Petition for the rights of cancer patients
- ED Portugal workshop
- Attending the ED Pan-European Conference

Serbia

Highlights of 2018
- Creation, publication and distribution of information on BC prevention, MBC and pregnancy after BC at various local and national events
- Educational activities in 6 Serbian towns
- Production/dissemination of educational materials
- Workshops and public discussions, both for the general public and medical professionals
- Participation in a national campaign, “Cancer is Curable”
- Advocacy initiatives targeting media, professionals, and authorities
- Submission of initiatives to the relevant authorities for reimbursement of equipment and medication

Activities in 2019
- National BC Day event: “Prevention as Priority”
- Advocacy activities for approval/reimbursement of innovative medication
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- Creation of a model for psychosocial support for patients and their families
- Pink October activities
- Workshops on BC, MBC and pregnancy after BC
- Further cooperation with authorities, media and general public
- Enlargement of ED Serbia membership
- Participation in international events
- Fundraising

### Slovakia

#### Highlights of 2018
- Expanding a platform supporting the implementation of organised mammography screening
- Campaign “Come to mammography, I’ve already been”, throughout the year
- In June, “Run for Healthy Breasts”, a solidarity run
- From September 2018 to January 2019, an exhibition of paintings by BC survivors

#### Activities in 2019
- Continued expansion of the platform supporting the implementation of organised mammography screening
- Annual activities: “Come to mammography, I’ve already been” campaign, “Run for Healthy Breasts”
- Public lectures
- Exhibition of paintings by BC survivors (inauguration on 15 October)

### Slovenia

#### Highlights of 2018
- Annual activities: publication of 4 issues of ED News (85,000 copies per issue), patient counselling, “Running and Walking for Hope” in 7 locations, 2-day seminar for ED Slovenia members
- Support groups for BC patients and relatives
- Special patient groups (young, metastatic, gynaecological cancers)
- Lectures throughout Slovenia
- October activities: press conference, visiting Parliament, sports events, local awareness-raising local campaigns
- International collaborations

#### Activities in 2019
- Annual activities: publication of 4 issues of ED News (85,000 copies per issue), patient counselling, support groups for BC patients and relatives, special patient groups, “Running and Walking for Hope” in 7 locations, 2-day seminar for ED Slovenia members, lectures throughout Slovenia, international collaborations
- Patient’s diary for newly diagnosed patients and an edition for MBC
- October activities: press conference, visiting Parliament, professional athletes collaborations, local awareness campaigns

### Spain

#### Highlights of 2018
- Presenting a study on the information needs and health care expectations of BC patients
- ED Spain Universidad Menéndez Pelayo summer course for specialists and women with BC, covering the challenge of maintaining sustainability of the public health system with a focus on clinical research and innovation
- On BHD, a press conference to present the BC Manifesto and awareness campaigns on early detection and for fundraising
- Participation in the National Health System Cancer Strategy as a member of the follow-up and evaluation committee
- Psychological support for women with BC and their families
- Physiotherapy for lymphoedema

#### Activities in 2019
- Summer course at Universidad Menéndez Pelayo on patient advocacy and sustainability of the public health system and attention to survivorship
- BHD awareness campaign and presentation of the Manifesto
- Advocacy activities and participation in the National Cancer Strategy
- Support in developing an app to assist women undergoing chemotherapy
- Fundraising for clinical trials

### Sweden

#### Highlights of 2018
- Hosting 4 roundtable discussions during the political week in July with a focus on unequal care and slow drug introduction for MBC patients
- Continuing the advocacy campaign for women with MBC
- Extending and covering expenses for MBC rehab weeks, including a partner week

#### Activities in 2019
- In February, for World Cancer Day participation in a programme on national TV addressing taboos about BC in immigrant communities
- Launching a report and film about rehabilitation and MBC
- In October, launching a BC report on risk factors and development of the screening programme
- Hosting roundtable discussions with politicians with a focus on unequal care and slow drug introduction for MBC patients
- Organising and covering expenses for MBC rehab weeks, including partner weekends

### Switzerland

#### Highlights of 2018
- Workshops and seminars for cancer patients
- Swiss women’s run in Bern and a run in Büren with “Breast Friends Forever”
- Regular “Tavola Rosa” meetings for patients
- Yoga event for young women with BC
- Co-operation in the publication of a guide for MBC patients
- Attendance at different conferences

#### Activities in 2019
- Starting the Fit & Run sports group
- In March, “Simply the Breast”, the first Swiss public conference for BC patients and their relatives, with a wide-ranging programme of lectures, workshops, yoga and music
- Participation in different solidarity runs with ED shirts for BC survivors and Breast Friends
- New “Tavola Rosa” meetings for patients, in different towns
- Attendance at different conferences
Collaborating with a cosmetics company’s social programme to increase access to screening, particularly for women in rural areas
Rehabilitation programmes for BC survivors focusing on prevention and treatment of lymphoedema and psychological support
Regular support of the BC hotline
Creation of a Facebook group “Way to Recovery”

Donating a mammography unit to the Sumy Regional Cancer Centre, purchased with funds raised in cooperation with a cosmetics company
A national information campaign on early detection of BC
BHD in October

Imperial College Women's Network event on wellbeing at work
Parliamentary Reception in House of Lords, raising ED UK profile among influential women in City of London
Welcome in Trafalgar Square of the Round the World Cycling Tour of BC survivors
BHD displays, awareness talks and presentations, messages on Twitter
Participation in video for breast awareness and screening
Breast health presentation at a BC charity boxing event
Chairing a session at the Royal Society conference on BC treatment
Annual attendance at Britain Against Cancer Conference

Seminars for patient groups on MBC treatment, chemotherapy, and on healthy lifestyles
Submitting a project proposal to the Soros Foundation on palliative care for BC patients in primary health care and at home
Submitting a project proposal to UICC\SPARC to continue work at patient-group level
In February, for World Cancer Day, an invitation to receive breast and cervical cancer screening in health centres
Fundraising for BC treatment and palliative care at home
Pink October activity: distribution of booklets with recommendations for MBC patients

Development of a European-funded screening programme

The implementation of a European-funded screening programme
Campaigns to raise awareness and funds, including charity sales and meetings
Seminars on breast health and quality of life
Training sessions for nurses specialising in breast care and oncology
Campaigns to offer psychological support to MBC patients

Holding the fourth BHD event at the Ukrainian Parliament with parliamentarians and cabinet ministers taking part. ED Ukraine representatives and MPs raised awareness of the importance of BC prevention and screening in an event with media presence

In March and April, BC awareness campaigns in oncology clinics in the Tashkent region
From April to August, psychological training sessions for BC survivors
In July, raising BC awareness among young girls in the Ferghana region
Pink October events for BC survivors throughout the month

In March, International Women's Day tea party with doctors and survivors
Seminars on raising BC awareness in Tashkent and regions
Opening and registering a local BC NGO
"Pink October" celebration with BC survivors at the Tashkent City Oncology Clinic
In November, a press conference on BC activities in Uzbekistan
What’s on in 2020

12th European Breast Cancer Conference
18-20 March 2020 – Barcelona, Spain

3rd EUROPA DONNA MBC Advocacy Conference
30-31 October 2020 – Milan, Italy

EUROPA DONNA Breast Cancer Advocacy Leader Conference
31 October 2020 – Milan, Italy

20th Annual EUROPA DONNA Breast Cancer Advocacy Training Course
20-22 November 2020 – Milan, Italy

What’s new

Recommendation supplement to the EUROPA DONNA Advocates Guide to the ECIBC – European Commission Initiative on Breast Cancer – Part 1

ED has created a summary of the latest recommendations from the European Commission Initiative on Breast Cancer (ECIBC) as a supplement to the previously published EUROPA DONNA booklet describing the initiative.

Anniversary Brochure: 25 Years of Advocating on Behalf of the Women of Europe

ED published a brochure for its 25-year anniversary that describes its current activities and recent achievements.

10 Goals

1. To promote the dissemination and exchange of factual, up-to-date information on breast cancer throughout Europe
2. To promote breast awareness and breast cancer prevention
3. To emphasise the need for appropriate screening, early detection and diagnosis
4. To campaign for the provision of, and access to, multidisciplinary and specialised treatment and care for all disease stages
5. To ensure provision of quality supportive care throughout and after treatment
6. To advocate appropriate training for health professionals
7. To acknowledge good practice and promote its development
8. To demand regular quality assessment of breast services
9. To ensure that all women understand fully any proposed treatment options, including entry into clinical trials and their right to a second opinion
10. To promote the advancement of breast cancer research
EUROPA DONNA gratefully acknowledges

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